Families make up the fabric of our community. When we support and nurture individual family members we are able to make our community stronger. A stronger community creates a better place to live.

We strengthen our community by providing services to individuals, families and children that enhance their ability to function independently, manage challenges and improve the quality of their lives.

We are the recognized leader in providing quality and comprehensive human services to people of all ages. We provide assistance at every stage of a family’s life journey.

Families make up the fabric of our community. When we support and nurture individual family members we are able to make our community stronger. A stronger community creates a better place to live.
Helping Local Families Since 1898
In 2017, we made significant progress in expanding our services to families and improving our facilities to enhance their experiences at BFC. Our strategic plan is on track as we continue to provide more services and a better environment for all of our clients. We are especially proud of being able to enhance our services for children, adolescents and older adults through cost-effective management and strategic outreach.

We continue to be engaged with generous individuals, families, and foundations in the Bergen County Community and beyond who help us share our message and our mission - resulting in new and continued philanthropic support.

Nearly 5,000 children, teens, adults and seniors have received services provided by Bergen Family Center in 2017. The range of care and the depth of nurturing is impressive and underscores our commitment to helping families in Bergen County. Through our dedicated and passionate staff and our tireless volunteers, BFC is able to make every dollar count. We are able to touch the life of every individual in every generation.

Through generous families, individuals, foundations, and their ability to give, and through social programs provided by local, state and federal support, Bergen Family Center is able to continue the rich legacy of its founding families. We could not do it without your generous support and compassion. Thank you!
Our Vision

Bergen Family Center is a recognized community leader in providing quality and comprehensive human services to people of all ages.

Achieving Our Major Strategic Goals

- Expand our Operating Infrastructure and Facilities required to improve and increase services.
- Expand Programs & Services for Adolescents, Children and Older Adults.
- Increase Awareness & Philanthropic Support.
- Increase Opportunities for Volunteer Leadership & Engagement.
THE NUMBERS SHOW
HOW WE HELPED

<table>
<thead>
<tr>
<th>805</th>
<th>1,125</th>
<th>275</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHILDREN &amp; PARENTS</td>
<td>ADOLESCENTS</td>
<td>SENIORS</td>
</tr>
</tbody>
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Children’s Education and Enrichment Programs
Supported through Programs for Positive Life Choices
Helped through Adult Day Care and Home-Based Care

Counseling and Mentoring

BFC’s Counseling Services Helped
1,100 Individuals

Our counseling services helped 1,100 individuals to manage personal challenges and improve their well-being, leading to a better community.

BFC’s Coaching and Mentoring Helped
1,400 Family Members

We provided coaching, mentoring and professional support to some 1,400 family members, many of them children, helping to maintain stability and regain the ability to manage their lives.
Families Helping Families

In 2017, more and more families in Bergen County recognized the work that we do. Through their financial support we are able to expand programs and improve our facilities.

Our sincere thanks to the family of Ira & Shelly Taub for refurbishing a pre-school classroom at Bergen Family Center

Our sincere thanks to Kelly & Ray Spitzley for their hosting Bergen Family Center’s first Family to Family Challenge
Leonard Johnson Early Learning Center
Bergen Family Center’s Early Learning Center promotes positive child development and social interaction for infants to children five years old. Committed to excellence and high quality, our early learning center implements NJ Department of Education teaching standards, integrating Creative Curriculum across all age groups. By aligning our programs with a "best practices" curriculum, BFC prepares children for academic, social and emotional success.

We Set the Standard in Children’s Education
With support from the Henry & Marilyn Taub Foundation and Montclair State University Center for Autism & Early Childhood Mental Health, our staff received rigorous training in curriculum development, classroom management and social-emotional development of young children. Several classrooms were outfitted with new equipment which was a great start in our goal of upgrading all of our classrooms.

For the last year, BFC has partnered with Grow NJ Kids, a statewide effort aimed at improving the quality of all NJ Early Learning Centers. Through the program, we’ve been able to increase the number of highly qualified, credentialed teaching staff who are dedicated to exceeding the standards of educators nationwide.
MILESTONES
Throughout 2017 we were able to expand programs and help more families than ever before.

Workshops for Parents
400 parents participated in our parenting workshops at Bergen Family Center in 2017. Better parents make a better community.

Clothing for Kids
Our Children’s Clothing Closet provided more than 3,000 items of clothing in 2017 to families in Bergen County.

PARTNERS
Early learning can significantly raise reading and math scores in elementary school children. That’s why we help our youngest students reach their full potential.

In 2017, we entered into a partnership with the Englewood Public School District to increase access to full day Pre-K for Englewood families.

In November, 2017 we opened three classrooms at BFC and are proud to continue our partnership with the Englewood Public School District in the 2018-2019 academic year.
SENIORS THRIVE AT BFC

_BFC began several initiatives with our Senior Citizens to develop deeper friendships with other members of the BFC Family._

As a member of the Englewood Age Friendly Coalition we make it our mission to develop programs that specifically meet the needs of an aging population.

Intergenerational programming is a vital component of BFC’s daily mission. We offer older adults a valuable opportunity to share experiences with some of our younger clients.

**Young Meets Old**
This year our seniors and children participated in several arts and crafts, music, and gardening projects. What made it special? Seniors and kids did these activities together.

Seniors who interact with children not only bridge an age gap but also provide invaluable knowledge to a younger generation.

Through these inspiring moments we are able to help our seniors stay active and engaged. Our programs make older members of our community feel valued, and younger clients feel special.

**Active Advocates**
At Bergen Family Center, we feel that our seniors have an important voice in our community. This year, they made that voice heard at the annual Bergen County Senior Services Public Hearing on Transportation. BFC Seniors were vocal
Our Senior Care Management program helps solve many crucial issues which senior citizens may experience at a challenging time in their lives.

advocates who emphasized the daily challenges they face when public or state-sponsored transportation is not available. We were amazed at their commitment to help make a change and to enlighten lawmakers about this vital issue for an aging population.

Stay Home - Stay Healthy
BFC is committed to helping older adults “age in place.” We believe that older adults deserve self-determination in how they live out their older adult years.

We help seniors stay in their homes by offering adult daycare and services for homebound seniors.

Our dedicated and compassionate staff works with seniors and their families to ensure that they have access to medical and social support services needed to keep them safely in their homes.

Caregivers Need Care Too
Recognizing that caring for an older adult can be demanding, tiring and overwhelming, the George Link Jr. Foundation provides funds to help us ease the stress experienced by caregivers.

Caregivers provide a critical service to ensure that frail older adults are well cared for and remain connected to community.

Through monthly caregiver support groups, we provide a hot meal, mutual aid, relaxation and vital information to nurture and replenish caregivers.
**SCHOOL-BASED YOUTH SERVICES**

*A Safe Place to Talk About Life, Friends, the Future and More.*

**The ZONE** - The ZONE, a school based youth services program located at Dwight Morrow High School and the Janis Dismus Middle School, builds on the strength of young people and supports them as they strive for academic excellence and overall health and wellness. The highly credentialed ZONE staff provides comprehensive, culturally competent mental health and prevention services in a safe and affirming environment.

**Project Speak Out** - With a grant from Women United in Philanthropy, the ZONE implemented Project Speak Out, a gender based violence prevention program designed to prevent sexual and intimate partner violence by addressing these issues with adolescents within the school setting. WUIP is a women’s giving circle which collectively pools its philanthropy to make a positive impact on the lives of women.

**Summer Business Apprenticeship Program** - We believe in equipping young people with the skills necessary to participate in a competitive work force. Too many times they learn these lessons late in their careers and have to play “catch up” with other teens. That’s why we believe in helping them early. We partner with local business owners and other community leaders to give high school students real-life work experience. We’ve helped 35 young adults get critical life experience with 22 different businesses in Bergen County. Our teens participate in a 6 week summer apprenticeship program, receiving a $1,200 stipend at the end of the program.
PROJECT SPEAK OUT
A gender-based violence prevention program designed to prevent sexual and intimate partner violence with teens and young adults.

WE MEAN BUSINESS
We partner with local businesses to help young adults to compete in today’s workforce. It’s never too early to develop real-life experience to foster a healthy work ethic.

THE ZONE
Our school-based youth services program provides comprehensive clinical and primary prevention programs to students. We offer individual and group counseling, tutoring, workforce readiness, leadership development, and health education.
FAMILY SUCCESS CENTER


Our Family Success Centers are community-based, family-centered neighborhood gathering places where residents can go for family support, information, and services. We serve families in safe and supportive home-like environments designed to strengthen the family unit, build relationships, enrich the lives of community members, and make families and neighborhoods stronger.

HIPPY
Home Instruction for Parents of Preschool Youngsters (HIPPY) is an evidenced-based program that works with families in the home to support parents in their critical role as their child’s first and most important teacher. The program empowers parents to prepare their children for success in school. Parents receive a carefully developed curriculum, books and materials designed to strengthen their children’s cognitive skills, and early literacy skills. We also assist with critical social, emotional and physical development for children at a critical time in their lives.

By serving diverse ethnic groups across the country, HIPPY is able to close the achievement gap by serving more than 16,000 families in almost 120 communities in the United States.

Strengthening Families
The Strengthening Families Program (SFP) is a nationally and internationally recognized program for all families. SFP is an evidence-based family skills training program found to significantly improve parenting skills and family relationships. The program reduces problem behaviors, delinquency, alcohol abuse and drug abuse in children. SFP also improves social competencies and school performance. Child maltreatment also decreases as parents strengthen bonds with their children and learn more effective parenting skills.
COUNSELING SERVICES

Experts Supporting Families and Individuals.

Our trained, caring and licensed mental health staff provides a full range of services for men, women, children and families. Through individual, group and family counseling, we offer emotional support and stress management to cope with trauma, grief and loss. Whether it’s from an illness, a marital impasse, parent-child conflict, workplace issues, or being a victim of a crime, our experienced counselors are here to help.

We are especially proud of the services we provide for those effected by domestic violence and sexual assault.

Our counseling expertise extends to HIV/AIDS clients who receive peer to peer support, individual counseling, and community health services. We also help family members of HIV/AIDS clients who may also need support during a challenging time.

BFC’s evaluators are trained in custody and visitation and they advise the Family Court on the placement and visitation of children of divorce. BFC offers free counseling to children and adult crime victims through New Jersey Victims of Crime Compensation Board (VCCB).

150
Clients Received Individual and Peer Support

800
Family Members Evaluated for Family Court

175
Clients Helped with Anxiety, Depression & Trauma
Revenue & Expenses*
January 2017 - December 2017

Revenue

1. Contract and Grants $1,696,488
2. Fees and Third Party $1,593,578
3. Contributions $303,851
4. Fund Raising $476,001
5. Other Income $60,157
Total Revenue $4,130,075

Expenses

1. Personnel Costs $3,163,403
2. Professional Fees $324,227
3. Occupancy $230,599
4. Materials & Supplies $245,687
5. Other Expenses $166,681
Sub total of program expenses $4,130,597
Change in operations ($522)
Depreciation expense $57,092
Net change in value of investments $67,878
Change in program assets $10,264

* Results shown are audited

Bergen Family Center - 44 Armory St. Englewood, NJ 07631 - 10 Banta Place Hackensack, NJ 07601
Our financial condition continues to improve thanks to robust efforts by our leadership to generate the resources needed to provide vital human services to our community.

Distribution of Unduplicated Clients

1. Children’s Services       805
2. Adolescents                     1,125
3. Elder Care Services       275
4. Clinical Services   1,100
5. Community Services   1,400
Total Unduplicated Clients 4,705

Distribution of Program Hours

1. Children’s Services   407,500
2. Adolescents      14,275
3. Elder Care Services     39,500
4. Clinical Services     23,750
5. Community Services   158,650
Total Program Hours   643,675

1 Client who may be in more than one program
Bergen Family Center Staff - 2017

Mitch Schonfeld, MSW
President/CEO

Elizabeth Corsini, MPH (Masters of Public Health)
Vice-President, Director of Programs

Mary Stevens, BS
Director of Finance

Davia Valenzuela, BA
Director of Human Resources

Alexis Cooperman, RN
Director of Development

Sheila Mack, LCSW
Director of Counseling

Marcia Gongora, MA
Director of Family Success Center

Mariam Gerges, LCSW
Director of School Based Youth Services

Glenda James, LCSW
Director, Early Childhood Education

Sheila Steinbach, LPC
Supervisor of Court Services

Nathalie Zapletal, MA
Communication & Development Manager

Iris Maldonado, BA
Supervisor of Care Management Services

Holly Scipio, BA
Supervisor, Adult Day Care
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OUR DONORS MAKE IT POSSIBLE

FAMILY CHAMPIONS - More than $25,000
Keith V. Kiernan Foundation
George Link Jr. Foundation
Lillian P. Schenck Fund
Henry & Marilyn Taub Foundation

FAMILY BENEFACtors - $10,000 to $24,999
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Christine & Peter Croonquist
Karen & Todd Eisenbud
Kaplen Foundation
Katina & Jeffrey Mayer
National Council of Jewish Women, Bergen County Section
PSEG
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Women United in Philanthropy
**DID YOU KNOW?**

MORE AND MORE FAMILIES ARE DEDICATING CLASSROOMS AT BERGEN FAMILY CENTER. IT’S A WONDERFUL WAY THAT FAMILIES HELP FAMILIES.

---

### FAMILY PATRONS- $5,000-$9,999

- Artie Agresta
- Abby Bergoffen & Mitch Schonfeld
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DID YOU KNOW?
OUR DONORS CAN SPECIFY WHICH PROGRAMS THEY WOULD LIKE TO SUPPORT.
THE PERFECT DEDICATION FOR REMEMBERING SOMEONE YOU CHERISH IN YOUR OWN FAMILY.

FAMILY HELPERS - $1,000 to $2,499

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$1000 provides one child with a full year of afterschool services at Bergen Family Center

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Volunteer
When you share both your time and resources you can create profound changes in the lives of our families.
Join our “Friends of the Family” volunteers.

Planned Giving
Consider leaving a legacy for future generations by including BFC in your long term financial planning. There are a variety of financial options that can meet your charitable financial goals.

Donate Online
Make a difference close to home and improve your community.
Your support will help nearly 5,000 Bergen County residents and make a difference in the lives of families.
Help Us Make Families STRONG
Open your own “Charity Savings Account”

What if there were a “Charity Savings Account” that would help Bergen Family Center for years in the future? We’ve got it. It’s called a Donor Advised Fund.

Donor Advised Funds (DAF)
A DAF is a charitable giving vehicle where you and your family can make an irrevocable contribution to the fund, earn an immediate tax deduction, and recommend grants to Bergen Family Center over time.

Make It a WIN-WIN
Through new tax laws, DAFs allow you to set up a “win-win” financial situation. You benefit by getting an immediate tax deduction and Bergen Family Center benefits by getting a charitable contribution for years to come. You can spread out your giving over time and even decide which BFC programs benefit from your generosity.

Check It Out
Consult with your financial planner or tax professional. Then call Alexis Cooperman (201 568-0817 x 126) in our development office at Bergen Family Center. We are a certified 501(c)(3) organization.
Friends of the Family

DINNER AND AUCTION

Each year Bergen Family Center holds its annual dinner and auction to benefit hundreds of families in Bergen County, New Jersey.

The dinner and auction is a wonderful opportunity for you and your family to support the vital role Bergen Family Center plays in our community.

It’s important to know that your donation stays right here in Bergen County and provides services to thousands of children, teens, adults and seniors.

Our dinner is also an evening in which you can learn more about our story and the innovative ways we help families every single day throughout the year.
PLATINUM SPONSORS

$10,000 Pledge

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Zawie & Debs Real Estate Management

* Sponsors listed as of October 1, 2018
Sharon Kinsman Salmon  
BFC Board of Trustees Chair
For the last four years, Sharon has served as the Chair of our Board of Trustees, bringing her corporate expertise, compassion and high ethical standards to our organization. Before joining BFC’s board, Sharon spent several decades as a world-class executive for Pfizer, Inc.

Irina Kashan  
BFC Trustee
For the past six years Irina has been a driving force in all areas of BFC’s Fundraising and Development. Serving as Co-Chair of the Dinner Committee for four consecutive years, Irina transformed the fundraising efforts of our Annual Awards Dinner - increasing proceeds by more than 50%.

Gloria Nelson  
Community Philanthropist
Gloria has co-chaired Bergen Family Center’s Silent Auction for the past 14 years and helped to raise more than $250,000 for Bergen Family Center during that time. A passionate advocate for the BFC community, Gloria pledges, “If I can help one family, one child, one senior, to have a better life, I am truly blessed.”