

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
8:45 BELLY DANCING 10:00 HEALTH RELATED ISSUES 10:00 ITALIAN CONVERSATION 11:15 YOGA 12:30 BRIDGE 1:30 STRETCH AND FLEX	8:30 AEROBICS 9:30 BALANCE CLASS 9:30 KNITTING 11:30 SESCIL SINGERS 1:00 BRIDGE 1:30 "SIZZLING" SALSA 2:40 MIXED MEDIA	8:15 TAI CHI 9:30 STRETCH & FLEX 10:45 CHI KUNG 12:30 CHAIR YOGA 1:45 SPANISH INTERMEDIATE 3:00 SPANISH BEGINNERS	8:30 AEROBICS 10:00 WATERCOLOR 10:30 COMPUTER CLASS 11:30 SESCIL VOICE CLASS 1:30 YOGA	9:30 NEW HORIZONS GROUP 1:30 FRENCH CONVERSATION
9	10	11	12	13
8:45 BELLY DANCING 10:00 HEALTH RELATED ISSUES 10:00 ITALIAN CONVERSATION 11:15 YOGA 12:30 BRIDGE 1:30 STRETCH AND FLEX	8:30 AEROBICS 9:30 BALANCE CLASS 9:30 KNITTING 11:30 SESCIL SINGERS 1:00 BRIDGE 1:30 "SIZZLING" SALSA 2:40 MIXED MEDIA	8:15 TAI CHI 9:30 STRETCH & FLEX 10:45 CHI KUNG 12:30 CHAIR YOGA 1:45 SPANISH INTERMEDIATE 3:00 SPANISH BEGINNERS	8:30 AEROBICS 10:00 WATERCOLOR 11:30 SESCIL VOICE CLASS	9:30 NEW HORIZONS GROUP 1:30 FRENCH CONVERSATION
16	17	18	19	20
8:45 BELLY DANCING 10:00 HEALTH RELATED ISSUES 10:00 ITALIAN CONVERSATION 11:15 YOGA 12:30 BRIDGE 1:30 STRETCH AND FLEX	8:30 AEROBICS 9:30 BALANCE CLASS 9:30 KNITTING 11:30 SESCIL SINGERS 1:00 BRIDGE 1:30 "SIZZLING" SALSA 2:40 MIXED MEDIA Happy St. Patrick's Day!	8:15 TAI CHI 9:30 STRETCH & FLEX 1:45 SPANISH INTERMEDIATE 3:00 SPANISH BEGINNERS No chi kung or chair yoga today!	8:30 AEROBICS 10:00 WATERCOLOR 10:30 COMPUTER CLASS 11:30 SESCIL VOICE CLASS 1:00 BOOK CLUB	9:30 NEW HORIZONS GROUP 1:30 FRENCH CONVERSATION First Full Day of Spring!
23/30	24/31	25	26	27
8:45 BELLY DANCING/10:00 HEALTH RELATED ISSUES/ 10:00 ITALIAN 11:15 YOGA//12:30 BRIDGE 1:30 STRETCH AND FLEX	8:30 AEROBICS 9:30 BALANCE 9:30 KNITTING 11:30 SESCIL SINGERS 1:00 BRIDGE 1:30 SIZZLING SALSA 2:40 MIXED MEDIA	8:15 TAI CHI 9:30 STRETCH AND FLEX 10:45 CHI KUNG 12:30 CHAIR YOGA 1:45 SPANISH INTERMEDIATE 3:00 SPANISH BEGINNERS	8:30 AEROBICS 10:00 WATERCOLOR 11:30 SESCIL VOICE CLASS 1:30 YOGA	9:30 NEW HORIZONS GROUP 1:30 FRENCH CONVERSATION