Bergen Family Center



ANNUAL REPORT 2023



Bergen Family Center

Celebrating 125 Years of Service to Bergen County



Invest in Strengthening Families

For 125 years, Bergen Family Center has been the recognized leader in providing quality and comprehensive human services to infants, toddlers, teens, parents, and seniors in Bergen County.

Our experience and expertise enables us to deliver outstanding care and support to families who face the most significant challenges. We strengthen our community by providing services that help families to function independently and improve the quality of their lives.

Grants, donations and sponsorships help us deliver affordable childcare to over 400 children and essential support to more than 1,000 parents and guardians. We provide hundreds of seniors with activities that make their golden years shine. With your help, we are building a caring community where every family thrives.

BFC is committed diversity, equity, and inclusion in everything we do. We actively work to overcome systemic inequalities and unconscious biases, ensuring a fair and just environment both within our organization and in the wider community.

Your Support is Crucial. Government programs and funding are vital to our mission, but it's the generosity of our community that truly makes the difference. Join us in making a lasting impact - we make every contribution count!



Programs at BFC

STRENGTHENING FAMILIES SINCE 1898



FOSTERING TEEN POTENTIAL & TRANSFORMING LIVES IN THE ZONE

The Zone at Bergen Family Center is not just a hub, it's a catalyst for personal growth and transformation for middle and high school teens. Last year, The Zone became a cornerstone of growth and support for 1,358 students, each receiving services tailored to foster their unique development.

Our dedicated team delivered counseling sessions to 322 students, guiding them through their unique challenges and celebrating their individual victories. Moreover, we conducted 1,363 counseling sessions, ensuring consistent, personalized support for each journey.

Our group counseling services engaged 498 students, fostering collective healing and a strong support community. Summer wasn't a break for growth, as 168 students seized the opportunity to participate in our summer initiatives, continuing their journey of learning and self-discovery. Additionally, 146 ambitious students took their first steps towards their career paths, engaging in employment counseling or our apprentice program, setting the foundation for a future of opportunities and success.

COLLEGE-BOUND TEENS WITH UNMATCHED SUPPORT – 96% SUCCESS RATE

At Bergen Family Center, we believe in turning college aspirations into achievements. Our College/SAT/Career Support program played a pivotal role in shaping the futures of 135 students, providing comprehensive college prep and career counseling services.

The results speak volumes about our commitment: 129 dedicated students embarked on their higher education journey, with 123 attending two- or four-year colleges and 6 choosing vocational paths. Impressively, 96% of the students we guided took a significant step toward their dreams by enrolling in two- or four-year colleges.

Our support didn't stop at admissions; we ensured a financial foundation for success. Remarkably, every college student secured financial aid, resulting in minimal or completely covered tuition fees. One student in our 2024 College Prep program was accepted at Harvard, Princeton, Penn, Brown and Amherst! This year's students also got into schools such as NYU, Carnegie Mellon, Boston University, George Washington University, Northeastern, Rutgers Honors and Stevens Institute of Technology.

Future Leaders and Empowering Seniors



CULTIVATING FUTURE LEADERS PRE-K TO 5TH GRADE

In the 2022/2023 school year, Bergen Family Center's After School Program became a beacon of enrichment and growth for young minds. Our program proudly welcomed 250 pre-K to 5th-grade students, engaging them in a comprehensive 10-month learning and personal development journey.

Each day, our dedicated educators and mentors provided a nurturing environment where these young learners could explore their interests, strengthen their academic foundations, and develop essential life skills.

Through diverse activities tailored to their age and developmental stage, our students honed their intellectual abilities and cultivated social, emotional, and creative skills, setting the stage for a lifetime of learning and success. At Bergen Family Center, we're committed to nurturing the potential of every child, ensuring that today's learners become tomorrow's leaders.

EMPOWERING SENIORS WITH COMPREHENSIVE SUPPORT AND CARE

At Bergen Family Center, we actively embrace and empower our senior community. Last year, our seniors enjoyed over 6,000 healthy, nourishing meals, fostering a sense of joy and community.

Our team provided 4,987 case management sessions, ensuring personalized support to meet the unique needs of each individual. Understanding the significance of mental wellbeing, we conducted 267 counseling sessions, offering a safe and supportive space for seniors to express and resolve concerns.

Additionally, 145 seniors embraced lifelong learning and social interaction by actively participating in various classes at SESCIL. At Bergen Family Center, each number represents a story of enrichment, an uplifted spirit, and a community growing stronger together.

Meeting Family Challenges



CHARTING THE COURSE – NAVIGATING TOWARDS FAMILY EMPOWERMENT AT THE FAMILY SUCCESS CENTER

Bergen Family Center's Family Success Center (FSC) stands as a beacon of support and empowerment, touching the lives of families in profound ways. Last year alone, we supported 469 families, providing a wide array of services designed to foster stability, growth, and community connection.

Understanding the importance of education, we equipped 250 families with essential back-to-school supplies, ensuring that children have the tools they need to thrive academically. Beyond educational support, we recognized the fundamental need for nourishment, offering monthly food donations to 200 families, helping alleviate food insecurity and comforting many households.

At the Family Success Center, every interaction is an opportunity to build stronger, more resilient families, and every service we provide is a step towards a more prosperous and hopeful future for our community.

EARLY LEARNING BEGINS AT HOME WITH HIPPY

Bergen Family Center's Home Instruction for Parents of Preschool Youngsters (HIPPY) program has been a transformative journey, shaping the educational landscape for numerous families. Our dedicated team delivered an impressive 2400 educational lessons in the most recent period, directly impacting young minds and empowering parents as their children's first teacher.

Our team demonstrated their commitment to personal, in-home support by making 2720 visits to HIPPY family homes, providing tailored guidance with a personal touch. In this period, 80 families actively participated in the program, and 82 children enjoyed the advantages of a structured, nurturing HIPPY education.

The program has distributed 950 story books in both English and Spanish, recognizing the diversity of the clients we serve. Remarkably, the program has celebrated the graduation of 750 families since its inception.

Providing Compassionate Care



COMBATING FOOD INSECURITY WITH LOCAL PARTNERS

Food insecurity remains a significant challenge for many in our community, but Bergen Family Center (BFC) is actively addressing this issue with impactful initiatives.

Throughout 2021 and 2022, BFC collaborated with the Bergen County's Food Insecurity Task Force to distribute 400 to 600 meals weekly, prepared by local restaurants.

This effort was bolstered by a partnership with Chef Dion and the Disabled Combat Veteran's Youth Program, where BFC teens helped distribute an additional 250 professionally cooked meals each week

In 2023, the generosity of Key Food, Ivan Arugelo, and other local vendors and restaurants has enabled BFC to continue supporting hundreds of families weekly, providing muchneeded relief and nourishment to those facing food insecurity.

COMPASSIONATE CARE THROUGH THE RYAN WHITE HIV PROGRAM

Bergen Family Center's Ryan White HIV Program is a pillar of strength and support, offering comprehensive services to one of the most vulnerable populations. Last year, our committed team delivered 1,458 services, each a testament to our dedication to health, wellbeing, and dignity.

Our medical case management sessions, totaling 443, ensured personalized, continuous care, addressing the complex health needs of each individual. With 641 early intervention services, we provided critical, timely support, helping to mitigate health issues and enhance the quality of life. Our approach to mental health, through 271 individual counseling sessions and 103 group sessions, offered a safe space for emotional healing and community support.

Notably, 12% of those we served were under 24, highlighting our commitment to reaching and assisting young individuals facing challenges.

Our Numbers Tell the Story of Our Strength & Efficiency



SENIORS

- •6,000+ healthy meals were enjoyed by seniors
- •4,987 personalized case management sessions were provided.
- •267 counseling sessions were carried out
- •145 seniors engaged in at least one class at SESCIL
- •127 seniors benefited from personal case management.
- •26 caretakers took part in support services; the caregiver group met 36 times

THE ZONE (TEENS)

- •1,358 students received services at a Zone location.
- •322 students benefited from individual counseling.
- •1,363 individual counseling sessions were provided.
- •498 students engaged in group counseling services.
- •168 students participated in summer initiatives.
- 100 students participated in summer initiatives.
- •146 students engaged in employment counseling or the apprentice program.

COLLEGE, SAT & CAREER SUPPORT

- •135 students received college prep/career counseling services.
- •129 students attended a two- or four-year college (6 attended vocational school)
- •96% percent of students seen by BFC staff attended a two- or four-year college.
- •100% of students attending college received financial aid -paying little or no tuition, plus scholarship recipients.

BFC AFTER SCHOOL PROGRAM (2022-23)

•250 students in 10 months (pre-K to 5th grade) participated in our after-school program.

LEONARD JOHNSON EARLY LEARNING CENTER

- •45 students participated in our learning center program partnership with Englewood Public School District.
- •65 children engaged in our early learning center program for 12 months.

RYAN WHITE HIV PROGRAM

- •1,458 services were provided to this vulnerable population.
- •443 medical case management sessions were carried out.
- •641 early intervention services were completed.
- •271 individual counseling sessions were offered.

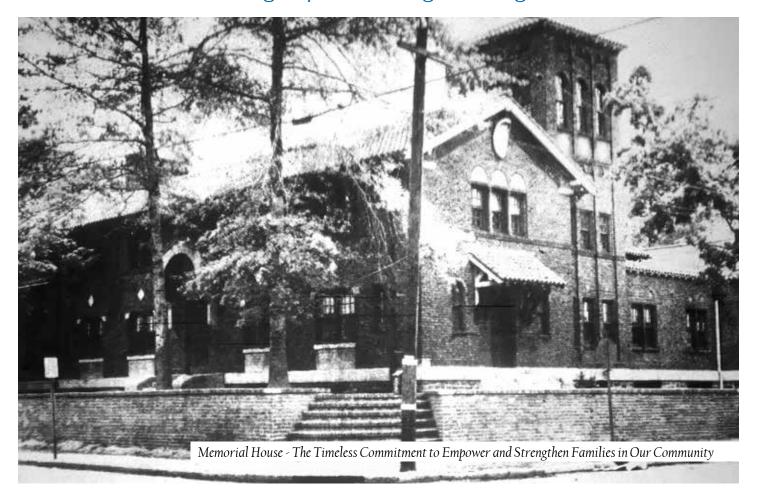
FAMILY SUCCESS CENTER

- •469 families were supported by FSC services.
- •250 families received back-to-school supplies.
- •200 families benefited from monthly food donations.

HIPPY

- •2400 educational lessons were delivered.
- •2720 visits were made to HIPPY family homes
- •80 families engaged in the program.
- •82 children benefited from a HIPPY education.
- •750 families graduated from HIPPY since its inception
- •950 storybooks distributed in English & Spanish

A Proud Legacy of Strengthening Families



Our vision is to be the recognized leader in delivering high-quality, comprehensive human services to people of all ages. We believe that fostering an inclusive and equitable environment can fulfill our mission and bring about positive change in the lives of those we serve.

We understand that diversity, equity, inclusion, and engagement are not just buzzwords but fundamental to our values. We actively work to eliminate disparities stemming from systemic inequities and confront unconscious bias.

Throughout the early 1900s, we grew through mergers, eventually becoming the Civic Association. Our remarkable journey even saw US Senator Dwight Morrow serve as our Board Chair in 1911-12.

Beyond our initial focus, we've left an indelible mark on our community, co-creating programs like the Urban League for Bergen County and New Jersey's School Lunch Program. The iconic Memorial House served as a source of refuge, resources, and reality in the 4th ward and has been referred to as a "pillar in the African-American Community."

As a neighborhood community center for Englewood's children, families, and older adults, we expanded our reach in 1947 by introducing vital mental health programs. Through a series of mergers and creative thinking, we became Bergen Family Center in 1997.

In 2019, BFC welcomed the Southeast Senior Center for Independent Living (SESCIL) into our family, enriching our capacity to serve older adults.

Our staff, highly trained in education, social work, child development, psychology, and law, are poised to continue profoundly impacting our community for generations.

Join us on this remarkable journey. Together, we will shape a brighter future for all.

Donors Above \$100,000

Kaplen Foundation
Henry & Marilyn Taub Foundation

Donors \$99,999 - \$50,000

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Donors \$25,000 - \$49,999

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Donors \$15,000 - \$24,999

Community Chest of Eastern Bergen County National Council of Jewish Women Panwy Foundation, Inc. Mary Ann & Gordon Rich Foundation Spotify

Donors \$14,999 - \$10,000

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Donors \$4,999 - \$2,500

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In 2023 Bergen Family Center Celebrated 125 years of service to the Bergen County Community.

We've been providing thousands of hours of counseling, hundreds of educational workshops for families and countless joyful interactions at senior activities.

We are proud of our compelling story of a center that deeply touches every life it encounters.

Friends of Bergen Family Center

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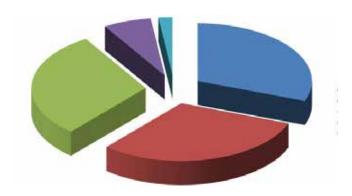
Revenue & Expenses*

January 2023 - December 2023



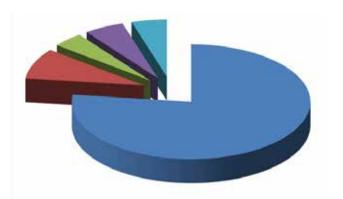
Revenue

Total Revenue	\$8,070,170
5. Other Income	\$151,267
4. Fund Raising	\$378,673
3. Contributions	\$2,041,236
2. Fees and Third Party	\$1,739,629
1. Contract and Grants	\$3,759,365



Expenses

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1. Personnel Costs	\$4,672,997
2. Professional Fees	\$226,884
3. Occupancy	\$285,264
4. Materials & Supplies	\$332,426
5. Other Expenses	\$101,766
Sub total of program expenses	\$5,619,337
Change in operations	\$2,450,833
Depreciation expense	\$152,414
Net change in value of investments	\$85,173



Change in program assets

\$2,383,592

^{*}Audited results

Clients

January 2023 - December 2023

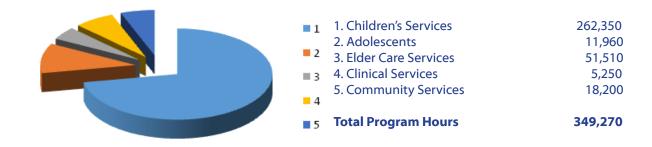


Clients



Total Unduplicated Clients	3,053
5. Community Services	739
I. Clinical Services	259
B. Elder Care Services	419
2. Adolescents	1,196
. Children's Services	440

Program Hours



Board Officers 2023



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Board of Trustees - 2023

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Interior Designer, Community Volunteer

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CFP, CPWA, Vice President UBS Financial Services, Inc.

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Executive Partner, Alliance Cost Containment



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